John A. McManus Elementary 988 East Ave. Chico, CA 95926 891-3128/Fax 891-3130 mcmanus.chicousd.org Principal: Mrs. Keene September 14, 2015

## McManus Messenger



## Safety & Parking Concerns

At McManus we want everyone to feel safe on campus. It can get a little hectic in the morning and afternoon for student dropoffs and pick-ups. For safety reasons, we recommend parking in the back parking lot, or park your car single file on North Ave. Double parking is discouraged because kids can run in between cars and possibly get hit. Thank you for your attention to this very important matter!

## Good to know...

Did you know that the Nutrition Team has been honored three vears in a row from FRESH Meals@Schools as one of 13 California school districts with the healthiest menu? They have their own baker with four professional bakers that produce all of our district's bread products which are made fresh daily with whole wheat. low fat and ow sodium. The nutrition team strives to use as many local vendors as possible for our fresh fruits and vegetables. Over the past three years their goal has been to use as little processed food as possible. Check out the McManus Café today!

Parade of Lights!!! Have you ever wanted to be in a parade? Now's your chance! McManus Elementary will be having a float in this year's Parade of

Lights on October 17, 2015! This year's parade theme is "At the Movies". We are looking for any donations you may have of the flowing items to add to our float:

- Red Streamers
- Old Cameras
- String of White Lights
- Star Shaped Sunglasses
  - Tagboard
    - Glow Sticks
  - Dress-Up Clothes

There will be a box in the front office for your donations. Thank you so much for your contribution!

CAVE TUTORIAL PROGRAM Free to all participants! Grades 1<sup>st</sup> – 12<sup>th</sup> All Subjects! Every Tuesday & Thursday 5:00 pm – 6:30 pm Location: CSU, Chico Campus Bell Memorial Union, Room 30 (On the top floor!) Questions? (530) 898-5817 cavekidsprograms@csuchico.edu

## ATTENDANCE MATTERS

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college and at work. Below are some helpful tips for setting good habits:

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to their teacher or the principal.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.
- For more on school readiness, visit attendanceworks.org and reachoutandread.org.